

FAMILY ADVOCACY PROGRAM

**MR. STEPHEN PITTERS, MSSW
OUTREACH MANAGER**

FAMILY ADVOCACY PROGRAMS

- NEW PARENT SUPPORT PROGRAM
- OUTREACH AND PREVENTION
- TREATMENT INTERVENTION
- EXCEPTIONAL FAMILY MEMBER PROGRAM

NEW PARENT SUPPORT PROGRAM

- HOME VISITS BY PUBLIC HEALTH NURSE
- FOLLOW UPS FROM PREGNANCY TO THREE YEARS AFTER BIRTH
- PARENTING SKILLS
- FAMILY HEALTH

OUTREACH & PREVENTION

- BOYS TOWN PARENTING
- P.R.E.P.
- STRESS MANAGEMENT FOR ALL
- TEEN ANGER MANAGEMENT
- ANGER MANAGEMENT FOR MEN & WOMEN

Boystown Common Sense Parenting

Goals: Teach six parenting skills, effective praise, preventive teaching, corrective teaching, self-control, family communication

- **Six weeks**
- **Kids ages 4-18**
- **Family Advocacy Clinic, Bldg. 617**
- **Mon: 1330-1500**

For more information call 247-2687



P.R.E.P. Couples Communication

Goals: Speaker/ listener technique,
communication skills, safety
when disagreeing

- **4 weeks**
- **Adults**
- **Family Advocacy Clinic, Bldg. C**
- **Thurs 1300-1500**



For more information call 247-2687

Stress Management for All

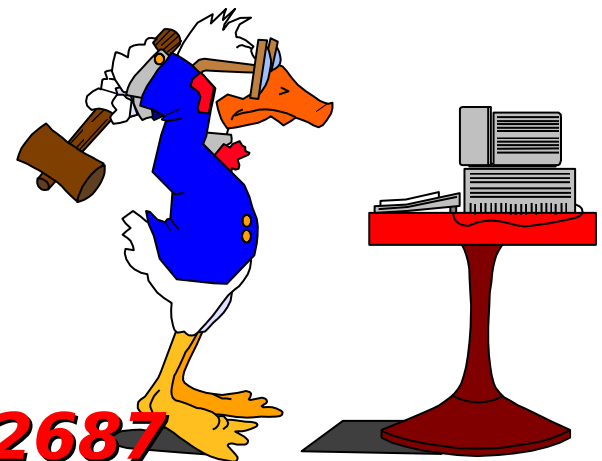
Goals: Teach time management, signs and symptoms, balance, progressive relaxation, assertiveness, conflict management

- **Monthly**
- **Adults**
- **Held at the FAP**

BLD.617

- **Third Tuesday of each**

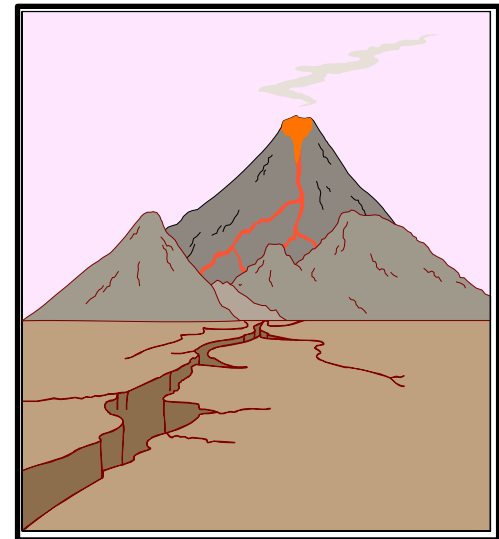
month > 1300-1600HRS.
For more information call 7-2687



Teen Anger Management & Parenting Teens

Goals: Identify anger triggers, discover motivators to change, develop control strategies, and constructive expression of anger

- **Dual training for teens and parents**
- **Eight week theme based group for teens**
- **Six week parenting program**
- **Ages 13-18**
- **Mon: 1600-1700**



For more information call 247-2687

Anger Classes for Men and Women

Goals: Identify anger triggers, develop control strategies, constructive expressions of anger, identify dirty fighting techniques

- **Six weeks**
- **Adults**
- **Family Advocacy Clinic, Bldg. 617**
- **Mon and Wed: 0900-1000**



For more information call 247-2687

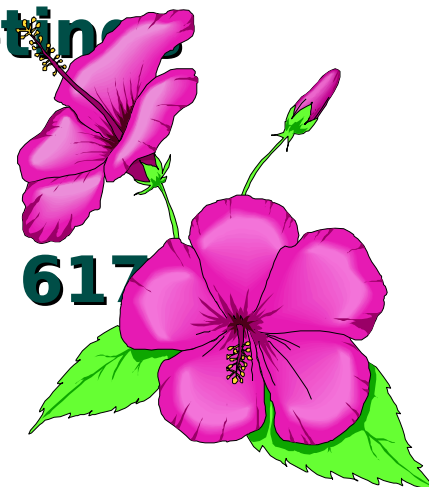
TREATMENT

- POWER AND CONTROL GROUPS FOR MEN & WOMEN
- VICTIM ADVOCACY GROUP

Women's D.V. Power and Control Group

Goals: Address power and control issues by perpetrators, accept responsibilities, behavioral change

- **26 weeks and 6 monthly meetings**
- **Adults**
- **Family Advocacy Clinic, Bldg. 617**
- **Mon: 1500-1630**



For more information call 247-2687

Men's D.V. Power and Control Group

Goals: Address issues of power and control, accept responsibility,

- **26 weeks and 6 monthly meetings**
- **Adults**
- **Family Advocacy Clinic, Bldg. 6-1**
- **Wed: 1500-1630**

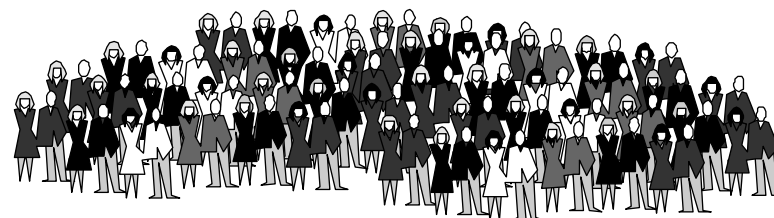


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Domestic Violence: Victim Advocacy Group

Goals: **Develop self-esteem, self-empowerment,
breaking the cycle of oppression**

- **Address signs and symptoms of D.V.**
- **Coping strategies**
- **Mastery of resources**
- **Safety planning**
- **Ongoing program**
- **Adults**
- **Family Advocacy Clinic, Bldg. 617**
- **Wed: 1600-1730**



For more information call 247-2687

EXCEPTIONAL FAMILY MEMBER PROGRAM

- **DEPENDENT RELOCATION FORM
OR AF 1466 FILL OUT ASAP**
- **PHYSICAL, EMOTIONAL AND
LEARNING DISABILITIES**
- **PCS RESOURCES**
- **CONTACT FAMILY ADVOCACY ASAP**

New Parent Support Program

- ✂- Nursing Moms Class
- ✂- Impact of Partner Violence
- ✂- Well Child
- ✂- Never Shake a Baby
- ✂- Management of Sick Child

Nursing Moms Class

Goal: Identify essentials of breastfeeding and criteria for obtaining a breast pump voucher
✂ Learn essentials such as:

- Benefits to mother and infant
- Reasons to avoid artificial nipples/pacifiers
- Breast feeding myths
- Importance of frequent nursing
- Resources:
 - Pediatricians at FAFB
 - Deaconess Medical Center--Lactation Consultants

Contacts: Family Advocacy Nurses 247-2687

Impact of Partner Violence

Goal: Educate families on the risk factors and impact of domestic violence

✂ Learn essentials such as:

✂ Types of Abuse

✂ Risk factors for abuse

✂ Impact during Pregnancy

✂ Base and Community Resources

✂ Legal Resources



Target: Families eligible for secondary prevention services

Contacts: Family Advocacy Nurses 247-2687

Home Visits

Well Child

Goal: Knowledge of child growth and development, well child checks and on-time

- Immunizations
- ✂ Learn Essentials such as:
 - ✂ Schedule for Well-child checks
 - ✂ Schedule for immunizations
 - ✂ Provide age appropriate ASQ

Target: Families with children age 0-3
Contacts: Family Advocacy Nurses 247-2687
Home Visits

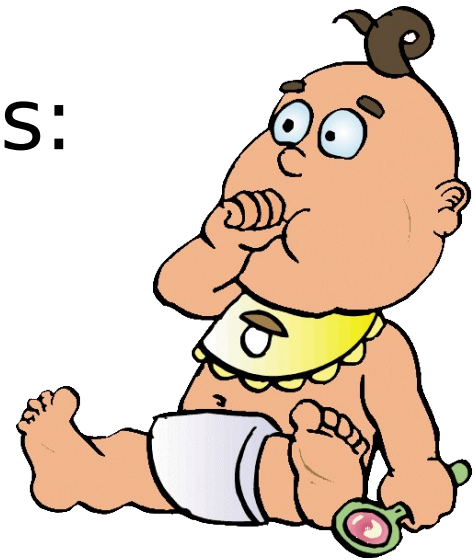
Never Shake a Baby

Goal: Understand the potential risks of shaking an infant

- ✂ Learn essentials such as:

- ✂ Model techniques to not shake baby

- ✂ Handout on never shaking a baby



Target: Families enrolled in services in the NPSP

Contacts: Family Advocacy Nurses 247-2687

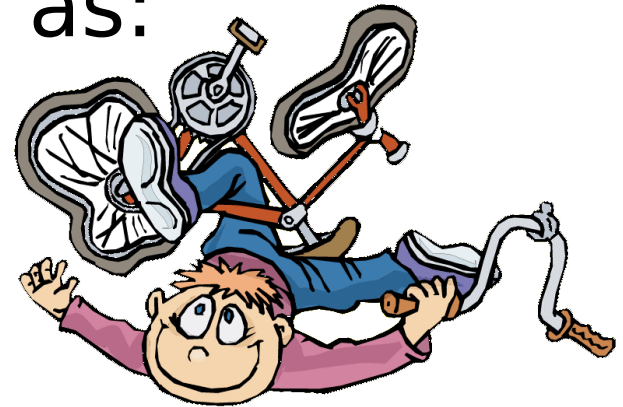
Home Visits

Management of Sick Child

Goal: Parent role adaptation, problem solving and access to appropriate medical services

✂ Learn essentials such as:

✂ Sick child basics



Target: Families with children age 0-3

Contacts: Family Advocacy Nurses 247-2687
Home Visits